



# SPEND THE SUMMER WITH FRIENDS!

At Virginia Beach Friends School  
1537 Laskin Road  
Virginia Beach, VA 23451

## EARLY SCHOOL CAMPS (AGES 3-6) | JUNE 10-JULY 26

### First Art Explorers Camp (run by James O'Connor)

Week 1 (June 10-June 14) | 9:00 a.m.-1:00 p.m. | Cost: \$180.00

Early childhood students will endeavor on a creative journey of the visual arts. Students will learn to use the appropriate application of materials, visual comprehension, fine motor skills and appropriate techniques to create incredible works of art.

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-first1>

### Superheros in Training (run by Kate Keck)

Week 2 (June 17-June 21) | 9:00 a.m.-1:00 p.m. | Cost: \$180.00

Calling all superheroes! Our superhero training camp will include movement, music, stories, crafts, and games. Children will make superhero capes and masks, complete obstacle courses, and practice superhero yoga, as they discover their own unique super powers.

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-super>

### Culinary Creations (run by Dafna Sonnenfeld)

Week 3 (June 24-June 28) | 9:00 a.m.-1:00 p.m. | Cost: \$180.00

Kids love baking! Your little chefs will use all of their senses to bake delicious treats each day in a brand new, state of the art kitchen. They will also create a recipe book for future use and design an apron they will treasure and use forever!

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-culinary>

### S.T.E.A.M. Camp (run by Kate Keiser)

Week 4 (July 8-July 12) | 9:00 a.m.-1:00 p.m. | Cost: \$180.00

Students will explore projects and activities involving the use of Science, Technology, Engineering, Art, and Mathematics. The club will focus on exciting projects and experiments to develop and grow interest in the STEAM fields!

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-steam1>

### Under the Big Top (run by Kate Keck)

Week 5 (July 15-July 19) | 9:00 a.m.-1:00 p.m. | Cost: \$180.00

Join the circus for a week! Each day will include a craft, obstacle course, story time, circus yoga and games. Campers will create their own hats and custom oversized clown ties, perfect for clowning around! We can't wait to see you under the Big Top!

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-under>

### Puppet Making (run by Dafna Sonnenthal)

Week 6 (July 22-July 26) | 9:00 a.m.-1:00 p.m. | Cost: \$180.00

Puppets are a powerful way to reach children - even a shy child will relate to a puppet. Puppets are also multi-sensory vehicles for story telling, and create an art language experience that children can understand. Campers will create original puppets of their own design from paper bag puppets to finger puppets, stick puppets and sock puppets, hand puppets and shadow puppets. Students will use these puppets to share stories about simplicity, peace, integrity, community, equality and stewardship as interpreted through their eyes.

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-puppet>

# LOWER SCHOOL CAMPS (AGES 6-11) | JUNE 10-JULY 26

## Wonderful Wizards Camp (run by Kristyn Brown-Moore)

Week 1 (June 10-June 14) | 9:00 a.m.-1:00 p.m. | Cost: \$180.00

Take a journey with us this summer to a magical World of Wizardry. Let the Sorting Hat place you in one of four houses. Which house will choose YOU? Spend the week as a student of one of the finest Wizarding Schools, filling your schedule with Potions Class, Charms, Herbology & Care of Magical Creatures. Play fast-paced games with fellow wizards and sample delicious and magical treats!

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-wonderful>

## Kindness Camp (run by Lynn Gibson)

Week 2 (June 17-June 21) | 9:00 a.m.-1:00 p.m. | Cost: \$180.00

Kindness is contagious! Students will learn how easy it is to be kind and ways to spread kindness in our world! We will chat about the power of kindness and how we can change the world one kind act at a time! During our week long camp, we will be painting kindness rocks, making kindness wands, creating cards and ornaments for the elderly, watching kindness videos, reading kindness books and painting t-shirts for each member of the club! Come and enjoy us for a fun and inspirational week! We will leave just a little bit kinder! Spread Kindness like confetti because it does not cost a thing to be kind!

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-kindness>

## Code It!: Beginners (run by Code Emoji Instructor)

Week 3 (June 24-June 28) | 9:00 a.m.-12:00 p.m. | Cost: \$180.00

Does your young superhero love computers? Creating? This program was made for them! Superhero Coders is an exciting hands-on, half-day summer coding program for children in grades 2-4. The mission is simple – teach students to enjoy all things coding and web. Our staff of professional programmers and educators deliver clear, entertaining instruction to ensure students have fun while learning complex coding skills. Students learn to build basic web pages, animations and simple games – and are encouraged to share their experience when they get home!

External Sign-up Link: <https://superherocoders.com/register/>

## Basketball Camp (run by Nina Ruffin and Joseph Worst)

Week 4 (July 8-July 12) | 9:00 a.m.-12:00 p.m. | Cost: \$180.00

Your young student athlete will learn to develop fundamental skills such as dribbling, shooting, & passing in order to be successful in the game of basketball. Camp sessions will consist mainly of drills and small-sided games directed at the talent level of the group. By the end of the week athletes will be participating in small scrimmages against one another.

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-basketball>

## Code It!: Advanced (run by Code Emoji Instructor)

Week 4 (July 8-July 12) | 12:00 p.m.-3:00 p.m. | Cost: \$180.00

If you love everything games, computers and web, Code It! Advanced is the program for you! Learn how to build a website in a hands-on, half-day summer coding program for students in grades 2-7. In the first three days, you'll learn programming terms, wireframing, HTML, CSS and JS basics. Then, you'll put your knowledge to use during the final two days as you build your own personal website! Plus, we'll provide follow-up instructions for you (and your parents) so you can continue learning and improving your website at home.

External Sign-up Link: <https://superherocoders.com/register/>

## Camp 4 Real (run by Scott Williams)

Week 5 (July 15-July 19) | 8:30 a.m.-3:30 p.m. | Cost: \$350.00

Real fun, real food, real active, real awesome! The games we will play; the snacks we will create and eat; the nutritional knowledge we attain through our discussions, label reading, and nutritional experiments; the character we will develop through our cooperative activities, character-building games and Camp Buddies program; the leadership to take these healthy habits and behaviors and pass them on to our family and our community. Come have a blast with us! Nutritious lunch and snacks provided.

External Sign-up Link: <http://www.camp4real.com>

## Camp 4 Real (run by Scott Williams)

Week 6 (July 22-July 26) | 8:30 a.m.-12:30 p.m. | Cost: \$225.00

Real fun, real food, real active, real awesome! The games we will play; the snacks we will create and eat; the nutritional knowledge we attain through our discussions, label reading, and nutritional experiments; the character we will develop through our cooperative activities, character-building games and Camp Buddies program; the leadership to take these healthy habits and behaviors and pass them on to our family and our community. Come have a blast with us! Nutritious snacks provided.

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## MIDDLE SCHOOL CAMPS (AGES 11-14) | JUNE 10-JULY 26

### Steel Pans Camp (run by Thomas Joseph)

Week 1 (June 10-June 14) | 9:00 a.m.-1:00 p.m. | Cost: \$180.00

If you enjoy good vibes, fun rhythms, flowing melodies, and calypso sounds, join the steel pan summer camp. This introductory summer camp will introduce students to the steel pan, allowing them to experience hands-on experience with authentic instruments and make quality music. Students will also discover the historical background of the steel pan, its Trinidadian roots, and make connections between contemporary music and afro-cuban music. This camp is a great way to get your students thinking, discover new learning habits, cooperate with others, develop coordination in the body, and experience a rich musical culture. No experience needed!

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-steel>

### Good ViBe's Improv 5 Day Residency (run by Amy Fisher)

Week 2 (June 17-June 21) | 9:00 a.m.-1:00 p.m. | Cost: \$180.00

With Improv, there are many great benefits of the inherent life skills that these techniques encourage and support. Spontaneity, communication, collaboration, creative risk taking and problem solving are among the many. Students will learn to use active listening skills, practice their story tell abilities, Act out a favorite or original scene, and use their emotions to express their individuality and creativity. By creating a non-judgemental environment in which to learn and grow, students, parents, teachers and administrators have been excited at the turn around in their children and students.

Sign-up Genius Link: <https://www.signupgenius.com/go/70A0C4BACAA28ABFD0-good>

### Code It!: Beginners (run by Code Emoji Instructor)

Week 3 (June 24-June 28) | 12:00 p.m.-3:00 p.m. | Cost: \$180.00

Does your young superhero love computers? Creating? This program was made for them! Superhero Coders is an exciting hands-on, half-day summer coding program for children in grades 5-7. The mission is simple – teach students to enjoy all things coding and web. Our staff of professional programmers and educators deliver clear, entertaining instruction to ensure students have fun while learning complex coding skills. Students learn to build basic web pages, animations and simple games – and are encouraged to share their experience when they get home!

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# HOW TO REGISTER FOR CAMP

## STEP 1: RESERVE YOUR SPOT FOR CAMP!

- Use the link posted under the camp to reserve a spot. Camp space is limited!
- If the camp is an external camp (Code It! Or Camp 4 Real) you will ONLY need to complete the registration via their external registration process.

## STEP 2: Complete required forms and paperwork for camp.

- Visit our website at <https://www.vbfschool.org/summer-camp/> to complete all necessary paperwork.

## STEP 3: Complete payment for summer camp.

- Payment can be made during the registration process via credit card or with our registrar in the main administration building of Friends School. If you are out of state or unable to make it to Friends School, our register can take credit card payments over the phone.

*\*\*Camp will NOT be held if there are less than 5 students registered for camp. A full refund will be given in this special circumstance.\*\**

For additional information regarding summer camp programs please contact Jason Weast via email at [summer@vbfschool.org](mailto:summer@vbfschool.org) or call (757)-428-7534 ext. 106.

Virginia Beach Friends School looks forward to seeing your child this summer!



VIRGINIA BEACH  
FRIENDS SCHOOL

*Knowledge. Character. Community.*

