



**VIRGINIA BEACH  
FRIENDS SCHOOL**

*Knowledge. Character. Community.*

## **Returning Cottage Students Summer Enrichment**

Dear Parents,

As the school year comes to a close we want to take a moment to say thank you. Thank you for sharing your pride and joy with us. We have done our best to keep your child safe and happy this school year. We have enjoyed all the hugs, smiles, and kind words. We look forward to seeing you in the fall. Have fun and enjoy your summer! Tieshia Ridley and Maritza Sutyak

### **Encouraged Literacy and Math Enrichment Activities**

- Daily: Please read to your child for 15-30 minutes. (Ask questions about the book and what they think will happen at the end of the story.)
- Weekly: Please help your child practice tracing their name, letters, and numbers. (You can use dry erase markers, crayons, a pencil or maker).
- Weekly: Activities that build fine motor skills. 15 minutes twice a week. Scissor -Practice cutting paper. It will strengthen hand muscles, Bilateral coordination skills (two-handed coordination) Visual motor skills (eye-hand coordination) Visual perceptual tasks (directionality) Fine motor skills (separation of hand, finger dexterity). Or Playdough-make different shapes, cookies, pancakes, or balls. ( Playdough helps with pre-writing skills, imagination, and fine motor skills).

### **Additional Optional Enrichment Activities Including Library**

- Provide sand, rice, sugar or a cool whip on a tray and encourage your child to practice writing letters and numbers.
- Have your child draw a picture and tell you a story about the picture. (Optional- write their or description below the picture.)
- Play outside with your children - invite them to count objects they may see outside or play I Spy something...
- Take a walk outside with your child and go on an Outside Scavenger Hunt

- Roast marshmallows over a campfire and make s'mores.
- Camp out in your backyard.
- Go for a family bike ride. (Have your child draw a picture about what they saw)
- Go on a shape or color hunt around your home or outside with your child. On your walk, point out and have your child point out shapes and colors they see, like the stop sign that is red and an octagon-shaped. When you get home, your child could draw the things you saw on your walk or what they found around the house.
- Sidewalk Chalk Activities: Draw numbers in a circle and have your child jump on each number and say the number. Draw each number in a square and have your child put rocks, animals, or cars in the corresponding number.
- Bubble Fun: Have your child count how many bubbles they can pop.
- Keep track of the weather, make a chart where your child can put a sticker each time it rains or each time it's sunny.

### Summer Reading Programs:

- Scholastic Summer Read-a-Palooza: Go to [Scholastic.com/homebase](https://www.scholastic.com/homebase) and create an account for your child. Scholastic Home Base is a fun, safe, and completely free online destination where kids can create their own avatar, interact with their favorite Scholastic characters, play games, and read books! **May 4, 2021 - September 4, 2021.**
- Virginia Beach Public Library Summer Reading Challenge: to log your reading go to [https://vbpl.beanstack.com/users/sign\\_in](https://vbpl.beanstack.com/users/sign_in) and register. Participate in weekly enrichment activities to keep your brain sharp through fun activity badges. Each week, readers that complete 3 activities will unlock the activity badge and be entered to win coupons to food venues that offer drive-through or takeout. The coupons will be mailed to each winner's home until the Library buildings reopen.

### Book recommendations from your Librarian:

- "Giraffe Problems" by Jory John is a book about a giraffe who is finding it hard to live life as a giraffe until an unlikely friend arrives to help him see how great it is to be himself. This is a great book for young ones to learn self-acceptance.
- "There's a Dragon in Your Book" by Tom Fletcher is a book about a dragon who keeps accidentally setting his book on fire. The reader has the opportunity to help keep the book safe from the dragon!
- "All are Welcome" by Alexandra Penfold is a book about accepting others. This book is perfect to help show children that being different is great and that accepting everyone always is the right answer.

Rising Cottage Students Summer Enrichment

These titles are just some fun recommendations for over the summer, of course any book is a good book for your child to read. It is suggested that your child be read to for at least 15 minutes a day. This helps improve their long term reading success and expands the child's vocabulary. I cannot wait to see your students in the fall and read many wonderful books with them over the course of the year. I hope you and your family have a wonderful summer!! - Teacher Courtney, VBFS Librarian.