



VIRGINIA BEACH FRIENDS SCHOOL

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Consolidated COVID-19 Policies and Updates

6/01/2021

This document is a consolidated version of all the COVID-19 policies and the current update as of 06/01/2021. Please use this document as the “go-to” for all policies and procedures related to COVID-19. Highlighted items are current updates.

- **Physical Distancing**
 - Campers will be 3 feet apart from campers in their pod, and 6 feet apart from campers outside of their pods, if they come in contact with each other.
 - Campers who nap in Teacher Tieshia’s and Teacher Tanya’s section will have their own cots and the cots will be spaced out as much as possible.
- **Face Coverings**
 - All persons who are not fully vaccinated, above the age of 5, should wear a mask when they are inside.
 - For campers in Teacher Tieshia or Teacher Tanya’s section, these campers are considering an equivalent to a *family* because the campers will be taking naps during the day. Masks aren’t required for these sections, unless the teachers or campers are in the presence of other campers or staff outside of their cohort. If a camper is 5 years old in Teacher Tanya’s camp, because of this policy, they will not be required to wear a mask.
 - Campers and staff are not required to wear a mask outdoors.
 - Per the CDC, masks with exhalation valves/vents and ski masks should not be worn, as they do not protect the spreading of COVID-19. Students are required to bring home their mask every day and bring a clean mask to school each day.
 - The American Association of Pediatrics states when accommodations are needed for a student with unique medical needs that are requesting not to wear a mask that they not be excluded from school unless required in order to adhere to local mandates or their medical need would put them at increased risk for contracting COVID-19. The CDC states, “Some people, such as people with intellectual and developmental disabilities, mental health conditions or other sensory sensitivities, may have challenges wearing a mask. They should consult with their healthcare provider for advice about wearing masks.” Therefore, if a student is requesting not to wear a mask at school, a doctor’s note must be provided that states they have intellectual and developmental disabilities, mental health conditions or other sensory sensitivities that prohibit them from wearing a mask.
 - Medical mask exceptions do not apply to employees. All employees must wear a mask while at work.
 - Per the Virginia Department of Health, face shields that cover the front and sides of the face and go below the chin may be considered as an alternative for those who have trouble using a cloth face covering but do not have trouble with a face shield.

- **Minimizing Exposure**
 - Parents are not permitted in the school buildings at any point during the day. For late drop-off and early pick-up, you must fill out the attendance form in SchoolCues. When you arrive on campus, call the front office, and a staff member will escort your child to their classroom for late drop-off or will meet you in the circle in front of the school for early pick-up.
 - If a camper visits a high-risk area, we ask that families let the school know where they visited and when the student returned from that area.

- **Screening Campers**
 - Campers who are enrolled in camp for the full summer, must complete the COVID-19 screening form on SchoolCues, on the left side column, that states *COVID-19 Screening*. All campers must have this completed for the first fourteen days of camp. After the 14th day, campers who are enrolled in the program for the full summer, do not need to complete the screening for the remainder of the summer. For campers who are enrolled for one week in the summer, or weeks that are separated, must complete the screening questionnaire daily. This is required by the Virginia Department of Health, and campers will not be allowed on campus without their daily screening log in SchoolCues completed.

- **Exposure to COVID-19**
 - Campers with documentation of a previous positive COVID-19 diagnostic test on file at the school will not have to self-quarantine in the event that they have close contact with a positive case while at school. This exemption from quarantine currently lasts for three months from the date that the diagnostic test was administered. A positive antibody test does NOT hold the same weight because individuals could potentially have antibodies to a coronavirus but not specifically COVID-19. Thus, a positive antibody test does not exempt someone from having to quarantine. If a student or employee has been fully vaccinated, they are not required to quarantine as long as they do not have symptoms for 14 days.
 - Symptoms of COVID-19:
 - Temperature of 100.4 degrees
 - Chills, Fatigue (more tired than usual), headache, muscle aches, cough, nasal congestion or runny nose, new loss of taste or smell, sore throat, shortness of breath or difficulty breathing, abdominal pain, diarrhea, nausea or vomiting, new onset of poor appetite.
 - The Virginia Department of Health recommends the following evaluation of a child with COVID-19 symptoms or exposure:
 - Is your child sick with symptoms of COVID-19?
 - If no, has the child had close contact with someone with COVID-19 (being within six-feet of that person for a total of 15 minutes or more over a 24-hour period, had contact with the person's respiratory secretions from the mouth or nose, hugged or kissed the person, shared eating or drinking utensils with the person)?
 - If no, you can send your child to school.
 - If yes, test for COVID-19 and isolate/quarantine at home. If the test is negative, or the student wasn't tested they must self-isolate for 10 days from the date of the last exposure, if after 10

days there are no symptoms, the student can return to school on day 11, or after day 7 with a negative PCR or antigen test performed on or after Day 5.

- If yes, (student does have symptoms) are the symptoms new for your child?
 - If yes, keep your child home, call your healthcare provider and notify the school immediately.
 - If no, and symptoms are usual for your child (allergies, migraines, asthma) or caused by a known diagnosis (ear infection, strep throat), seek care as per usual practice. If fever is present, stay home, until at least 24 hours fever-free without fever-reducing medicines.
 - If symptoms are new for the student and the parents have contacted their healthcare provider, and the student is not diagnosed with COVID-19, the student can return to school once they are fever-free for 24 hours without fever-reducing medication.
 - If the student is diagnosed with COVID-19, the student must isolate for 10 days and can return to school as long as symptoms have improved and they are fever-free for 24 hours without fever-reducing medication.
- Anyone with symptoms who 1) has not had any close contact with a person with COVID-19 and 2) has not been in an area with high rates of COVID-19 should stay at home and away from others until fever-free for at least 24 hours without the use of fever-reducing medicine and other symptoms have improved.
- **Requirements for COVID-19 testing and Traveling**
 - The United States currently requires all air passengers entering the United States to receive a negative COVID-19 test.
 - Before departure to the United States, a required test, combined with the CDC recommendations to get tested again 3-5 days after arrival and stay home for 7 days post-travel is required.
 - Air passengers are required to get a viral test (a test for current infection) within the 3 days before their flight to the U.S. departs, and provide written documentation of their laboratory test result (paper or electronic copy) to the airline or provide documentation of having recovered from COVID-19. Airlines must confirm the negative test result for all passengers or documentation of recovery before they board. If a passenger does not provide documentation of a negative test or recovery, or chooses not to take a test, the airline must deny boarding to the passenger.
 - Families are **REQUIRED** to notify the school of international travel and must follow the guidelines in order for their child to return to camp.
- The Virginia Department of Health recommends to avoid non-essential travel, especially if you or someone in your family are at a higher risk of serious COVID-19 or visiting someone at higher risk of COVID-19. This is for everyone, including individuals who have been fully vaccinated.
- If you do travel, you must get tested for COVID-19 3-5 days after travel and quarantine for a full 7 days after travel, even if you test negative. If you do not get tested, you must quarantine for 10 days after travel.

- Fully vaccinated people do not need to get tested before or after travel, unless required by your destination, and do not need to quarantine after travel.

- **COVID-19 Vaccine**
 - The Virginia Department of Health has designated that private school faculty, staff and employees are included in the frontline essential worker 1B vaccination priority group.
 - The vaccine is now available and faculty who have chosen to receive the vaccine have been fully vaccinated at this point. At this time, we are not requiring the vaccination for employees. An employee's individual vaccination status is confidential medical information that is protected and may not be disclosed. We can't disclose any individual's particular vaccination status. The School's safety measure should provide reassurance that we are taking necessary steps to ensure a safe school.
 - Per the Virginia Department of Health, for employees who have been fully vaccinated:
 - Vaccinated employees can be in a private space with other fully vaccinated employees without wearing a mask or physical distancing.
 - Vaccinated employees can be in a private space with **one** unvaccinated employee that is not at a high risk for a severe outcome of COVID-19, without wearing a mask or physical distancing.
 - Vaccinated employees do not need to quarantine if they come in close contact with someone with COVID-19, as long as they have remained asymptomatic since the exposure. Although vaccinated employees, should still watch for COVID-19 symptoms for 14 days following the exposure.